

COVID 19 Protocol For Educated Baller Camp 2020

Daily Schedule

8:30 – 9:00 Check in

9:00 – 9:15 Thought for the Day

9:15 – 10:30 Outdoor Morning Circuits (Indoor if it is raining)

Finishing, Shooting, Defense, Ball Handling, Passing.

10:30 – 11:00 Classroom

11:00 – 12:00 Indoor Basketball training

30 minutes of training new moves. 30 Minutes of 1 v 1 Games with teammate

12:00 – 12:45 Lunch

12:45 – 1:15 Indoor Shooting Workout

1:15 – 1:35 Outdoor Body Workout and Hill Climb

1:35 – 2:00 Classroom

2:00 – 3:15 Indoor Basketball Training

3:15 – 3:30 Check Out

Things to Bring Each Day

Athletic Clothes

Basketball Shoes

Outdoor Shoes

Home Clothes (clothes to go home in)

Notebook

Water bottle and plenty of fluids to limit water fountain use.

Self-packed lunch (preferably no mid-day lunch drop offs)

Entering the Facility

1. Once you arrive at the facility please park in the parking lot and call Coach Clinton (519-503-9231). Coach Clinton will ask the athlete or athletes who are in the car to each answer passive COVID-19 screening questions to validate they are able to enter the facility (This will take approximately 1 minute).
2. Once each athlete in the car has answered the passive COVID-19 Screening questions, they will use a cellular device to complete the Ontario COVID-19 Self-Assessment which is found at; <https://covid-19.ontario.ca/self-assessment/> . When the self-assessment is completed it will display a time stamp at the top of the website (This process will take approximately 2 minutes).
3. Once the self-assessment is completed, a parent may accompany their athlete into the front doors where we will check the time stamp on the phone, take the athlete's temperature, and inform them of which basket they will be using during the morning warm up.
4. Prior to check-in, each athlete or their guardian will be emailed consent forms pertaining to CoVid-19 and athletic injury. These forms can be read/signed, printed, and brought in, or completed virtually via an iPad and sanitized iPad pen at check-in. This process is done to reduce our carbon footprint and reduce contact.
5. Each athlete will receive a reversible jersey and T-Shirt on arrival.
6. Every athlete must wear a mask while inside the facility. This includes during indoor on court activities, indoor training, classroom, and shooting workouts. During outdoor activities (morning circuit, afternoon body workout, hill climb, lunch etc.) players may choose whether they wear a mask. Please bring a mask of your choosing. If you do not bring a mask, a mask will be provided.

Indoor Gym

1. When an athlete enters the gym, they will first sanitize their hands.
2. They will be assigned to a specific basket/hoop. Each athlete will train at their assigned basket for the entire training session to limit interactions with other athletes. Athletes will rotate to a different hoop after every gym period.
3. Each athlete will be assigned one teammate. Only teammates will be allowed within six feet of each other. Teammates will do all rebounding, shooting, training, and 1 on 1 games together. Players are permitted to interact (celebrate, encourage, talk) with other players, but they will do so at least 6 feet apart.
4. Each athlete and their teammate will be assigned a basketball. That basketball will be in a ball bag (that has both players names on it) and will be kept on the stage in the gym (six feet away from any other ball bag). When athletes enter the gym, they may get their ball and use it with their partner but must remember to return it to the correct bag before leaving the gym. Athletes will only touch their own ball bag/ball.
5. Athletes may bring their own basketball to use but it should have their name on it. The ball must have a labelled ball bag that the athlete puts the ball in after each session. A plastic grocery bag works great.

Classroom

1. Each athlete will be assigned to a seat for the day. At the end of the day each table will be sanitized with Lysol wipes and players will be assigned a new seat the next day.
2. There will be a minimum of one seat separating each athlete and coach in all directions.
3. Notebooks and pens will be kept on each athlete's desk for the entire day

Change Room

1. Each athlete is asked to bring a plastic bag with a change of clothes. When the athlete arrives at the facility, they will put their change of clothes in the locker room. At the end of the day each athlete will be given individual time to change into their "home clothes" directly before they leave the facility.

Lunch

1. Each athlete and their teammate will have the option of eating at an outdoor or indoor table that is reserved specifically for them.
2. All tables will be sterilized after use.

Refund Policy

1. If an athlete completes the entire camp and they are not satisfied with their experience, we will reimburse the entire cost of the camp.
2. If a player's teammate is no longer able to come to camp (occurring in the first three days of camp) due to sickness or injury, Clinton will step in as their teammate. This will only be possible for the first teammate who loses their teammate as Clinton will also be limiting his contact with every athlete. If a second teammate loses their teammate within the first 3 days of camp, that player will be without a teammate. They will receive a partial compensation upon request.